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[The China Study](#) T. Colin Campbell Center for Nutrition ...

The China Project. In the early 1980s, nutritional biochemist T. Colin Campbell, PhD of Cornell University, in partnership with researchers at Oxford University and the Chinese Academy of Preventive Medicine, embarked upon one of the most comprehensive nutritional studies ever undertaken known as the China Project.

[What Dr. Campbell Won't Tell You About the China Study](#)

— T. Colin Campbell, *The China Study* It was growing up on one of the many dairy farms of the rural American landscape, long before the China Study had taken place, and yet longer before the book was written, that the young T. Colin Campbell formed the views that would shape the early portion of his career.

[The China Study - Wikipedia](#)

The China Study is a book by T. Colin Campbell, Jacob Gould Schurman Professor Emeritus of Nutritional Biochemistry at Cornell University, and his son Thomas M. Campbell II, a physician.

[The China Study - Official Site](#)

The China Study is not a diet book. T. Colin Campbell and Thomas Campbell cut through the haze of misinformation and deliver an insightful message to anyone living with cancer, diabetes, heart disease, obesity, and those concerned with the effects of aging.

[China Study by T. Colin Campbell - The Weston A. Price ...](#)

In the early 1980s, along with Chen Junshi, Li Junyao, and Richard Peto, T. Colin Campbell presided over the mammoth epidemiological study referred to as the China Project, or China Study. The New York Times called it the Grand Prix of epidemiology, and it gathered data on 367 variables across sixty-five counties and 6,500 adults.

[The China Study Summary: Everything you need to know ...](#)

In *The China Study*, T. Colin Campbell, PhD, and his son, Thomas M. Campbell II, MD, discuss and analyze the results from the study (and other influential nutrition research) and recommend their

[The China Study by T. Colin Campbell: What to eat and ...](#)

The China Study (2006) is a book that argues that a plant-based/vegan diet is ideal for weight loss and long-term health. Whole plant foods, including fruits, vegetables, legumes, whole grains high fiber.

[Thomas M. Campbell|Erin Campbell: The China](#)

[What You Want...; Without Having To Ask Tricot Pour Fido: Des Modèles Adaptables Selon La Taille De Votre Chien Studies On The Text Of Macrobius' Saturnalia The Corridor Of Certainty Witches, Whores, And Sorcerers: The Concept Of Evil In Early Iran](#)

Study in ...

Join Dr. Thomas M. Campbell, best-selling coauthor with his father, T. Colin Campbell, of The China Study, and Dr. Erin Campbell, research director at the Highland Weight Management and Lifestyle Center, for a complete guide to the practical framework and basic tools of optimal health and vibrancy.

[The China Study: The Most Comprehensive Study of Nutrition](#)

The China Study is a book written by T. Colin Campbell PhD and his son, Thomas M. Campbell II. Data used to substantiate the information presented in The China Study comes from Dr. Campbell's part in a 20-year study that was done in cooperation between Cornell University, Oxford University, and the

[Eating Advice From the China Study - The New York Times](#)

Forks Over Knives The Story of Dr. T. Colin Campbell's China Study & Dr. Caldwell Esselstyn's Heart Disease Reversal Study. Getting Your Health Back on a Plant-Based Whole Foods Diet Getting Your Health Back on a Plant-Based Whole Foods Diet

[The China Study Revisited: New Analysis of Raw Data Doesn't ...](#)

Over a year ago I wrote about The China Study, a book by T. Colin Campbell and his son based on a huge epidemiologic study of diet and health done in China. The book's major thesis is that we could prevent or cure most disease (heart disease, cancer, diabetes, autoimmune diseases, bone, kidney